

Abstract

A wearable book. A wearable book, comprising a plurality of pages and a loop adapted for encircling a body portion for attaching said pages to the body, is provided. The pages are preferably bound together at one edge and preferably are of substantially the same size. The loop preferably has at least about 50% elasticity for stretching the loop over a second body portion such as a hand having a substantially larger circumference than a first body portion such as a wrist, and thereafter snugly circumferentially contacting the first body portion to secure the book in place.